

# 42 Medium Reading Tips

(For everyone seeking out an evidential medium)

By : Angie Li

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| 01.<br>Choose a medium known for evidential work, not just general impressions                              | 02.<br>Have a quiet, private space ready for remote sessions   | 03.<br>Beware of cold-reading tactics: fishing, vague statements, Barnum phrases   | 04.<br>Notice if the medium pivots when they're off — that's a red flag                            | 05.<br>Disparaging comments about your "receptivity" or "development" is not a good excuse for a bad reading. | 06.<br>Be generous with attitude. Embrace the magic and the mystery of the moment. Stay open to the full experience.     |
| 07.<br>Read verified testimonials, not just star ratings  | 08.<br>Minimize noise and distractions. A busy background really can affect the vibe of the reading.             | 09.<br>The medium shouldn't be asking you leading questions. If you sense being led, return to <b>yes, no &amp; I don't know</b> | 10.<br>Unsolicited details you didn't expect are the gold standard. Cherish them when they happen. | 11.<br>Write down what didn't land — it sometimes makes sense weeks later                                     | 12.<br>If a psychic directory does NOT post negative client reviews on their site, they can't be a fully trusted source. |
| 13.<br>Don't volunteer information before the session starts  | 14.<br>Record the session if permitted — details often land later and you'll want to document them clearly.      | 15.<br>A good reading should feel like a conversation, not a performance   | 16.<br>Authentic mediums welcome skepticism — they don't need your belief to work                  | 17.<br>One session is rarely the whole picture. Spiritual growth is a process that unfolds over a lifetime.   | 18.<br>Be wary of anyone who advertises an "accuracy percentage" on their branding.                                      |
| 19.<br>Answer only yes, no, or "I'm not sure" — nothing more  | 20.<br>Bring a notepad even if recording — jot what resonates in real time. Free hand A-ha insights often arrive | 21.<br>Keep expectations neutral — who comes through isn't always who you planned on   | 22.<br>A legitimate medium won't ask you to pay extra for removing blockages                       | 23.<br>A name, cause of death, or shared memory carries more weight than "someone loves you"                  | 24.<br>After the session, sit with the evidence before judging the whole reading   |
| 25.<br>Don't correct or redirect the medium during the reading.   | 26.<br>Notice specifics: names, dates, physical descriptions, personality traits                                 | 27.<br>Code and media are permissionless leverage. They're the leverage behind the newly rich.                                   | 28.<br>Breathe! Taking a few deep breaths before the session works — calm reception helps          | 29.<br>Ask yourself: was that specific, or could it fit anyone? Be a wise judge of the information.           | 30.<br>Reputable mediums are booked out — patience is part of the process. Try not to rush.                              |
| 31.<br>Consider booking under a neutral name if privacy is a concern  | 32.<br>Accept what doesn't land immediately — some details take days to verify                                   | 33.<br>Don't bring photos or objects unless the medium requests them and/or uses them as part of the session (e.g.- psychometry) | 34.<br>Don't share obituaries, social profiles, or details beforehand                              | 35.<br>Trust your gut if something feels exploitative or manipulative   | 36.<br>Keep a journal across multiple readings — patterns emerge over time   |
| 37.<br>Go in with an open mind, not a desperate need for a specific person for the reading to be a success. | 38.<br>Don't test the medium with deliberate misinformation. It's not helpful, and it breaks trust.              | 39.<br>Evidence counts more than emotion — feelings can mislead. Try to restrain your reactions during the session.              | 40.<br>Grief is valid but shouldn't override your discernment                                      | 41.<br>Share your notes with someone who knew the deceased — they may verify details you missed               | 42.<br>A single unexplained hit is rarely persuasive on its own; a cluster of specifics is                               |